



# MAKE A CATNIP EMPANADA

## BEHAVIORAL ENRICHMENT

A catnip-infused plush toy for cats

How to Make It:

1. Gather scissors, felt or fleece fabric, extra fabric scraps or stuffing, catnip and a permanent marker.
2. Cut a piece of fleece or felt approximately 7" x 5". Fold in half.
3. Use scissors to round off the top of the rectangle.
4. Cut flaps of approximately 1/3" wide by 1" long around the edges. Use the marker to create a guideline, if needed.
5. Tie corresponding flaps together until all but the last 2 or 3 pairs are left.
6. Put a pinch or two of catnip into the empanada. Stuff with the extra fabric or stuffing.
7. Tie the remaining flaps to their corresponding flap.

